

National Safe Driving Week

Am I safe to drive?

December 1-7, 2014

It's not just alcohol that can impair your ability to drive. Before you get in a car, check in with yourself.



Ask:

Did I take any medicine that might make me drowsy?



Did I mix drugs with alcohol?



Am I a bit buzzed?



Could I be too sleepy to drive?



Don't drive impaired:

Plan ahead. Socialize responsibly. Have a word with yourself.

It's not just alcohol.

Driving impaired is unsafe no matter what the cause. Are you Let's call for safe to a ride just to drive? be safe.

Friends don't let friends drive impaired.

Have the conversation that could save a life.

