National Safe Driving Week

Am I safe to drive?

December 1-7, 2014

It's not just alcohol that can impair your ability to drive. Before you get in a car, check in with yourself.

Ask:

- Did I take any medicine that might make me drowsy?
- Did I mix drugs with alcohol?
- Am I a bit buzzed?
- Could I be too sleepy to drive?

Don't drive impaired:

- Plan ahead.
- Socialize responsibly.
- Have a word with yourself.

It's not just alcohol.

Driving impaired is unsafe no matter what the cause.

Friends don't let friends drive impaired.

Have the conversation that could save a life.

www.canadasafetycouncil.org